

the **calla** trousers

FG004



beginner instructions



SEWING PATTERNS



beginner construction: making the back pockets

Make sure you have read 'important pattern information' booklet before starting sewing! Transfer all pattern markings and apply interfacing to the wrong side of the fabric as shown on pattern pieces.

Note: Seam allowance is 15mm (5⁄8") throughout the whole pattern.

01

Overlock/ **finish** the top edge of the back patch pocket (piece F). Fold under top edge of pocket by 40mm (1½") Press. Pin. **Topstitch** across pocket 35mm (1⅜") down from top to secure. Fold under and press 15mm (5⁄8") around the remaining three edges, pressing lower edge first then sides.



02

Following the pocket markings, pin pocket in place on the back leg.



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Top Tip!

Wherever you see a word written in **bold**, you can find it in the glossary (see page 18 of the important pattern information booklet)

beginner construction: making the back pockets

03

Starting from the topstitch line, sew up to the top edge of the pocket. Sew a few stitches along the top edge, and then turn to sew back to the start to form a triangle. Continue to **edgestitch** around the three edges of the pocket approx. 3mm from the pocket edge to attach pocket to back leg, finishing again with a triangle stitching to enclose and strengthen the edges of the pocket - see photo. Repeat on the other pocket.



Top Tip!

Use fabric glue instead of pins to help hold the pocket in position - glue down the turned up seam allowance in place first, and then use glue to attach the pocket in place on the bag leg.

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Scan this QR code to find some handy tutorials that will help you sew your **calla trousers**!



beginner construction: making the pintuck

04

Wrong sides together, using the small circles and waist and hem notches as a guide, fold a vertical line down the centre of the front leg (piece A). Pin fold in place, pressing as you go.



05

Stitch a straight line next to the fold, all the way down the front leg, at a distance of 2-3mm ($\frac{1}{8}$ ") from the folded edge.

Press the finished pintuck towards the outside leg (towards the side seam).

Repeat on the other front leg.



Top Tip!

To ensure the pintuck is an even width all the way along, line up the folded edge of the fabric with something on your machine, e.g. the side of the foot / markings on your needle plate (depending on your machine)

beginner construction: sewing the side leg panel

06

With right sides together, join the side leg panel (piece C) to the front leg (piece A).

Match the waist and hem edges and notch at knee. Pin the edges together and sew with 15mm ($\frac{5}{8}$ ") seam allowance.

Overlock / finish the seam allowance together and press towards the side panel.



07

With right sides together, join the other side of the side leg panel (piece C) to the outside leg edge of the back leg (piece B).

Match the double notches at the hip and single notch at knee. Pin and sew with 15mm ($\frac{5}{8}$ ") seam allowance.

Overlock / finish the seam allowance together and press towards the back leg.

Repeat on the other leg.



beginner construction: sewing the inside leg

08

With right sides together, line up front and back inside legs, matching crotch, hem and knee notch. Note: from knee to crotch, the back inside leg is 10mm ($\frac{3}{8}$ ") shorter than the front leg. Pin front and back legs together and gently stretch the back leg to fit onto the front during sewing. This helps prevent a 'saggy bottom'.

Stitch the inside leg with 15mm ($\frac{5}{8}$ ") seam allowance, finish the seam allowances together and press towards the back.

Repeat on the other leg.



09

Turn one leg the right way round. Keep the other leg inside out. Insert the right way round leg into the other leg. You now have one leg inside the other, with the right sides of the fabric facing.



beginner construction: sewing the crotch seam (rise)

10

Pin the crotch (rise) edges of both front and back leg pieces together.

Match inside leg seams, waist top edges, and all notches (double notches on the back, single notch on the front).

Sew with 15mm ($\frac{5}{8}$ ") seam allowance, taking care not to stretch the curve when sewing.

Overlock/ finish the seam allowances together and press towards the left leg (when worn).



Top Tip!

To avoid a bulky seam where the inside leg meets at the crotch, you can 'step' the seam allowances - fold the right inside leg seam allowance to the front and the left inside leg seam allowance to the back so they do not overlap when joining the crotch seam.

beginner construction: making the waistband

11

Wrong sides together, fold the waistband (piece D) in half lengthways, press. Open out, and with right sides facing, pin the short ends of the waistband together. Sew with 15mm (5⁄8") seam allowance: starting at the back lower edge sew 20mm (3⁄4") along, leave a space 25mm (1") wide, then sew the rest of the band to the end (see image). This leaves an opening for the elastic to be inserted. Press seam allowances open.



12

Fold the band lengthways along the previously pressed fold, and with the waistband folded in half, place the right side of the waistband (the side without the opening) facing the right side of the trouser. Match the waistband seam to the centre back, and match notches at centre front and side.



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beginner construction: making the waistband

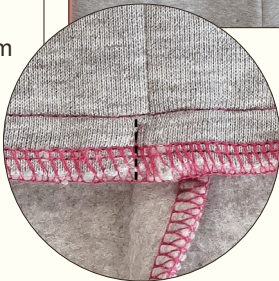
13

Pin the band in place, using lots of pins, and sew to attach with 15mm (5⁄8") seam allowance. Take care not to stretch the band or top edge when sewing.



14

Overlock / finish the seam allowances together and press down. To keep the finished waistband seam allowance in place, and prevent it from rolling up, you can sew a few stitches through the seam allowance at the side panel and rise seams, sewing from the right side and concealing the stitches within the seams.



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beginner construction: making the waistband

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15

Cut your elastic according to the chart on page 9 of the important pattern information booklet. Attach a large safety pin to one end of the elastic and secure the other end to the trousers. Feed the elastic into the waistband, and around the waist. Pull both ends of the elastic out of the waistband opening. Making sure the elastic is not twisted, overlap the two short ends by 15mm (5/8") each side and secure with a safety pin.



16

Try on trousers to check the size is comfortable and make any adjustments to the elastic length as needed. Pull pinned ends of the elastic out of the hole in the waistband again, and stitch, overlapping by 15mm (5/8"). Stitch over raw ends of elastic with zigzag stitch to keep the join flat and smooth.



Top Tip!

Using chalk or fabric pen, mark the seam allowance on the right side of the elastic so you will be able to easily spot if it has twisted inside the waistband.

beginner construction: making the waistband

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17

Pull the elastic back into the waistband, making sure it is laying flat and the waistband fabric is evenly spread out. Close the opening in the waistband by hand stitching the edges together with a **slip stitch**.



18

Position pins at approx. 10cm (4") intervals apart along the waistband.



beginner construction: making the waistband

19

Sew one line at 10mm ($\frac{3}{8}$ ") down from the top edge and the second line 30mm ($1\frac{1}{4}$ ") from top edge. Pull the waistband fabric and elastic taught between each set of pins, use your hands either side of the needle to stretch and guide the band through. Make sure to keep the tension on the elastic even all the way around to ensure the waistband **gathers** evenly.

If you are not using a drawstring, you can stitch a third line through the centre of the waistband, in the centre of both lines of topstitching (equal distance between the stitch lines).



beginner construction: finishing the hem

20

Fold under 35mm ($1\frac{3}{8}$ ") at the hem edge, using the notches as a guide, and press.

Try on the trousers and check the leg length is right for you. Make any adjustments needed to the leg length by pressing out the fold and turning up either more or less.

Overlock / finish the raw hem edge.



21

The hem seam allowance on the pattern is 35mm ($1\frac{3}{8}$ ") so remember to account for this if amending the length.

Topstitch through the hem at 30mm ($1\frac{1}{4}$ ").



Top Tip!

To make it easier to sew the hem, you may be able to remove part of the flatbed on your machine to create a free arm.

Your **calla trousers** are now finished!



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Get Social!

We would love to see your **calla trousers**—use the hashtag **#FGCalla** on social media so we can admire your work!



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