

# the **calla** trousers

FG004



## intermediate instructions

# intermediate construction: making the back pockets

Make sure you have read 'important pattern information' booklet before starting sewing! Transfer all pattern markings and apply interfacing to the wrong side of the fabric as shown on pattern pieces.

Note: Seam allowance is 15mm (5⁄8") throughout the whole pattern.

01

Overlock/ **finish** the top edge of the back patch pocket (piece F). Fold under top edge of pocket by 40mm (1½") Press. Pin. **Topstitch** across pocket 35mm (1⅜") down from top to secure. Fold under and press 15mm (5⁄8") around the remaining three edges, pressing lower edge first then sides.



02

Following the pocket markings, pin pocket in place on the back leg.



the calla trousers

Top  
Tip!

Wherever you see a word written in **bold**, you can find it in the glossary (see page 18 of the important pattern information booklet)

## intermediate construction: making the back pockets

03

Starting from the topstitch line, sew up to the top edge of the pocket. Sew a few stitches along the top edge, and then turn to sew back to the start to form a triangle. Continue to **edgestitch** around the three edges of the pocket approx. 3mm from the pocket edge to attach pocket to back leg, finishing again with a triangle stitching to enclose and strengthen the edges of the pocket - see photo. Repeat on the other pocket.



### Top Tip!

Use fabric glue instead of pins to help hold the pocket in position - glue down the turned up seam allowance in place first, and then use glue to attach the pocket in place on the bag leg.

Scan this QR code to find some handy tutorials that will help you sew your **calla trousers**!



## intermediate construction: making the pintuck

04

Wrong sides together, using the small circles and waist and hem notches as a guide, fold a vertical line down the centre of the front leg (piece A). Pin fold in place, pressing as you go.

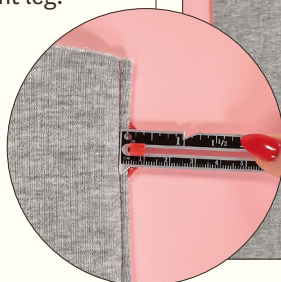


05

Stitch a straight line next to the fold, all the way down the front leg, at a distance of 2-3mm ( $\frac{1}{8}$ " ) from the folded edge.

Press the finished pintuck towards the outside leg (towards the side seam).

Repeat on the other front leg.



### Top Tip!

To ensure the pintuck is an even width all the way along, line up the folded edge of the fabric with something on your machine, e.g. the side of the foot / markings on your needle plate (depending on your machine)



## intermediate construction: adding trim to the side leg panel

If you are adding a trim to the side leg panel, it is easier to do this before sewing the legs together, so it can be sewn flat.

If your trim is wider than 30mm (1¼"), it can be attached once the side leg panel has been joined to the front and back legs.

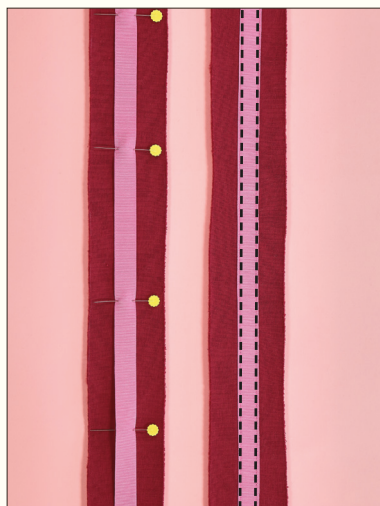
**If not using a trim, continue to step 8**

06

Measure and cut your trim to the total length of the side leg panel (piece C), including seam allowance.

Pin, or glue, the trim to the right side of the side leg panel, making sure it is straight and central so it stays out of the seam allowance.

Topstitch the trim to attach to the leg panel, sewing down each side, making sure not to stretch the fabric as you go.



## intermediate construction: inserting trim to the side seam

**Note:** We do not recommend inserting a trim into the **front** side seam if you are adding zip pockets.

07

Measure and cut your trim to the length of the side leg panel (piece C) including seam allowance. Place your trim on the right side of the side leg panel. The seam allowance is 15mm ( $\frac{5}{8}$ " ), so make sure you position the trim in the right place depending on how much will show once sewn e.g. if your piping cord is 3mm ( $\frac{1}{8}$ " ), the outer edge of the piping needs to be 18mm ( $\frac{3}{4}$ " ) from the raw edge. Pin trim in place and **baste**.

Once the piping has been basted, you can use a zip foot to sew the piping in place. If possible, adjust the needle position so that you are able to sew as close to the piping cord as needed - following the stitch line on piping.



### Top Tip!

Attaching the trim can cause the side panel to shrink - make sure you have cut your trim accurately and use several pins along the length, being careful not to pull or stretch the fabric through your machine.

## intermediate construction: making the side pockets

If making the zip pocket version - go to step 14

08

Overlock/ finish the curved lower edge of the pocket bag (piece E). With right sides together, fold the pocket bag in half. Press along the centre fold and open out again.



09

With right sides together, place one side of the pocket bag to the front leg, matching the top edge and pocket opening notches. Pin and stitch with 10mm ( $\frac{3}{8}$ " ) seam allowance, joining pocket bag to the front leg.

Overlock / finish the edge with the pocket bag attached, taking care not to remove any fabric from the seam allowance.



## intermediate construction: making the side pockets

10

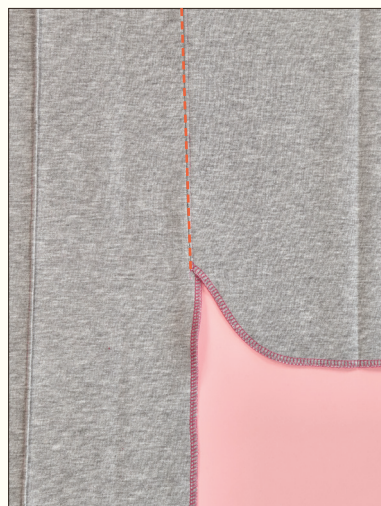
With right sides together, place the opposite side of the pocket bag to the side leg panel (piece C). Match the top edge and pocket opening notches. Pin and stitch along the side seam with 10mm ( $\frac{3}{8}$ " ) seam allowance (use 15mm [ $\frac{5}{8}$ " ] seam allowance if you have attached piping to this edge).

Overlock / finish the edge of side leg panel with the pocket bag attached. Take care not to remove any fabric from the seam allowance when overlocking. Press the seam allowances towards the pocket bags.



11

**Understitch** the pocket openings, sewing through the pocket bag and seam allowances at 2mm ( $\frac{1}{8}$ " ) from the seam.



## intermediate construction: making the side pockets

12

Right sides together, pin the front leg and side leg panel together along the side seam, folding pocket bag along pressed fold.

Stitch from the top edge down to the upper pocket notch with 15mm ( $\frac{5}{8}$ " ) seam allowance, ending with a backstitch to reinforce the pocket opening edge.

Stitch lower edge of the pocket bag, starting from the fold. When you reach the side seam, pivot to continue sewing along the side seam from the lower pocket notch to the hem, sewing all with 15mm ( $\frac{5}{8}$ " ) seam allowance.



## intermediate construction: making the side pockets

---

13

Press the finished side seam open. (If you have used piping in this seam, you may find it easier to press the seam allowance towards the front leg).

Press pocket bags towards the front leg. Pin, then baste the pocket bags along the waist top edge to secure them to the front leg.

Repeat on the other leg.

**Go to step 23 to continue.**





## intermediate construction: making the side zip close pockets

To make the side pocket with a zip:

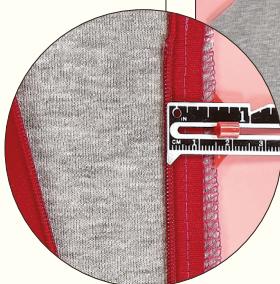
14

Starting with the left leg (as worn), overlock/ finish the outside seam of the front leg (piece A) and the front side seam of the side leg panel (piece C).



15

With fabric right side up, place the zip right side down on the front left leg, between the pocket opening notches. Open the zip and make sure that the top of the zip stop is aligned with the upper pocket notch. Line up the teeth so they are 15mm ( $\frac{5}{8}$ " ) from the raw edge. Pin, then baste the zip in place.



## intermediate construction: making the side zip close pockets

16

Using an invisible zip foot, gently uncurl the zip teeth and insert into the groove of the foot. Stitch down from the top, back tack when you have got as close to the bottom of the zip as you can get.

Pin the other side of the zip to the left side leg panel, with right sides together as before, and positioning the zip between the notches. Close the zip and check that the top edge and notches are aligned. Adjust as necessary.

Once you have checked the zip is in the correct position, open it up and baste in place. Then, using an invisible zip foot, sew the zip to the left side leg panel as before.

Repeat on the right side leg (as worn).



## intermediate construction: making the side zip close pockets

17

Once the zip is sewn to the pocket opening, you can attach the pocket bags.

Overlock/ finish the curved lower edge and both side seams of the pocket bag (piece E).

Fold the pocket bag in half, with right sides together. Press the centre fold and open out again.



18

With right sides together and zip open, place one side of pocket bag on the left front leg, aligning the waist top edge and matching the pocket opening notches, pin in place. The pocket bag is attached to the seam allowance, and the zip will be sandwiched in between the leg and the pocket bag. Stitch the pocket bag in place, along the side of the zip tape, with 10mm ( $\frac{3}{8}$ ") seam allowance.



## intermediate construction: making the side zip close pockets

19

Pin the other side (right side) of the pocket bag to the left side leg panel. Sew in place with 10mm ( $\frac{3}{8}$ " ) seam allowance.

Right sides together, pin the front leg and side leg panel together along the side seam, folding pocket bag along pressed fold.



20

Using a normal zip foot, start at the top edge, stitch down to the upper pocket notch using 15mm ( $\frac{5}{8}$ " ) seam allowance, and backstitch at the end to reinforce the pocket opening. Still using the zip foot, start from the lower pocket notch and stitch the side seam together, you will need to hold the zip tape out of the way. Get as close to the end of the zip as you can, maintaining the 15mm ( $\frac{5}{8}$ " ) seam allowance. Once you have passed the pocket bags, you can change back to your normal sewing foot. Stitch the rest of the outside leg seam to the hem with 15mm ( $\frac{5}{8}$ " ) seam allowance. Press the finished seam open.



## intermediate construction: making the side zip close pockets

21

Right sides together, pin the lower edge of pocket bag together.

Stitch this edge closed with 15mm ( $\frac{5}{8}$ " ) seam allowance. Sew as close to the side seam as possible, stopping at the corner where the pocket bag joins the leg and making sure the side seam allowances are not caught in the stitching.



22

Press the pocket bag towards the front leg.

Pin and then baste the pocket bag to the front leg along the waist top edge.

Repeat on the other leg.



## intermediate construction: sewing the outside leg

23

With right sides together, place the outside leg edge of the side leg panel (piece C) onto the outside leg of the back leg (piece B).

Match the double notches at the hip, and single notch at knee. Pin and sew with 15mm ( $\frac{5}{8}$ " ) seam allowance. If you have inserted piping in this seam, you may find using a zip foot helpful to sew close to the piping.

Overlock/ finish the seam allowance together and press towards the side panel. If you have used piping in this seam, you may want to press the seam allowance to the back leg.

Repeat on the other leg.





## intermediate construction: sewing the inside leg

24

With right sides together, line up front and back inside legs, matching crotch, hem and knee notch. Note: from knee to crotch, the back inside leg is 10mm ( $\frac{3}{8}$ " ) shorter than the front leg. Pin front and back legs together and gently stretch the back leg to fit onto the front during sewing. This helps prevent a 'saggy bottom'.

Stitch the inside leg with 15mm ( $\frac{5}{8}$ " ) seam allowance, finish the seam allowances together and press towards the back.

Repeat on the other leg.



## intermediate construction: sewing the crotch seam (rise)

25

Turn one leg the right way round. Keep the other leg inside out. Insert the right way round leg into the other leg. You now have one leg inside the other, with the right sides of the fabric facing.



26

Pin the crotch (rise) edges of both front and back leg pieces together.

Match inside leg seams, waist top edges, and all notches (double notches on the back, single notch on the front).

Sew with 15mm ( $\frac{5}{8}$ " ) seam allowance, taking care not to stretch the curve when sewing.

Overlock/ finish the seam allowances together and press towards the left leg (when worn).



### Top Tip!

To avoid a bulky seam where the inside leg meets at the crotch you can 'step' the seam allowances - fold the right inside leg seam allowance to the front and the left inside leg seam allowance to the back so they do not overlap when joining the crotch seam.

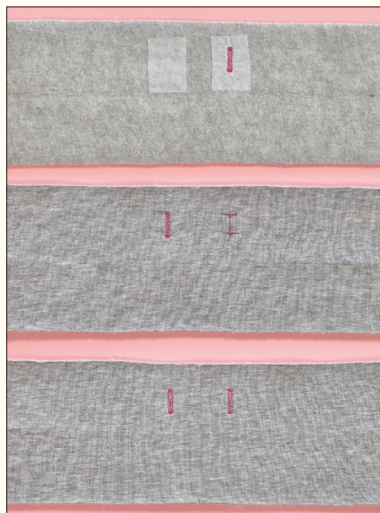
## intermediate construction: making the waistband

27

Take the waistband (piece D) and following the markings on the pattern, make 2x buttonholes on the front of the band. Carefully cut the buttonholes open using small scissors or a buttonhole chisel.

The pattern shows 12mm buttonholes but the size depends on the width of your drawstring - make sure the buttonholes are big enough to fit your drawstring cord through.

An alternative to buttonholes would be to use eyelets.



### Top Tip!

If the small fusing piece is having difficulty sticking to the wrong side of your fabric (e.g. on fleece or loopback), baste around the edges of the fusing to secure. Once you have made your buttonholes you can remove the basting stitches and trim the fusing down around them.

## intermediate construction: making the waistband

28

With wrong sides together, fold the waistband (piece D) in half lengthways, press. Open out, and with right sides facing, pin the short ends of the waistband together. Sew with 15mm ( $\frac{5}{8}$ " ) seam allowance: starting at the back lower edge sew 20mm ( $\frac{3}{4}$ " ) along, leave a space 25mm (1" ) wide, then sew the rest of the band to the end (see image). This leaves an opening for the elastic to be inserted. Press seam allowances open.

Trim 10mm ( $\frac{3}{8}$ " ) off the inside edge of the waistband (without buttonholes) Overlock / finish the trimmed edge.



## intermediate construction: making the waistband

29

With right sides together, pin unfinished edge of waistband to top of trousers, matching seam to centre back, and notches at centre front and side. Sew with 15mm ( $\frac{5}{8}$ " ) seam allowance

Take care not to stretch the waistband or top edge when sewing. Press the seam allowance up inside the waistband.



30

Fold the waistband along the previously pressed line (wrong sides together). The finished edge should sit 5mm ( $\frac{1}{4}$ " ) under the waistband seam. Pin waistband in place from right side where it is attached to trousers. **'Stitch in the ditch'** from the outside of the garment, along the seam edge between the waistband and the trousers, so that you catch the inside lower edge of the waistband.



## intermediate construction: making the waistband

31

Cut your elastic according to the chart on page 9 of the important pattern information booklet. Attach a large safety pin to one end of the elastic and secure the other end to the trousers. Feed the elastic into the waistband, and around the waist. Pull both ends of the elastic out of the waistband opening. Making sure the elastic is not twisted, overlap the two short ends by 15mm ( $\frac{5}{8}$ " ) each side and secure with a safety pin.



32

Try on trousers to check the size is comfortable and make any adjustments to the elastic length as needed. Pull pinned ends of the elastic out of the hole in the waistband again, and stitch, overlapping by 15mm ( $\frac{5}{8}$ " ). Stitch over raw ends of elastic with zigzag stitch to keep the join flat and smooth.



### Top Tip!

Using chalk or fabric pen, mark the seam allowance on the right side of the elastic - so you will be able to easily spot if it has twisted inside the waistband.



## intermediate construction: making the waistband

33

Pull the elastic back into the waistband, making sure it is laying flat and the waistband fabric is evenly spread out.

Close the opening in the waistband by hand stitching the edges together with a **slip stitch**.



34

Position pins at approx. 10cm (4") intervals apart along the waistband.



## intermediate construction: making the waistband

35

Sew one line at 10mm ( $\frac{5}{8}$ " ) down from the top edge and the second line 30mm ( $1\frac{1}{4}$ " ) from top edge. Pull the waistband fabric and elastic taught between each set of pins, use your hands either side of the needle to stretch and guide the band through. Make sure to keep the tension on the elastic even all the way around to ensure the waistband **gathers** evenly.



36

Attach a large safety pin to one end of the drawstring cord and insert into the left side buttonhole.

Carefully thread the cord around the waist, feeding it between the elastic and upper layer of fabric, to come out of the other (right side) buttonhole.



# intermediate construction: making the waistband

37

Pull the drawstring through so that the outside lengths of cord are even both sides.

Tie the ends of the drawstring cord into secure knots or add end caps (if using) to finish.



**Top  
Tip!**

Wrap washi tape around the ends of your drawstring cord to more easily thread it through the end caps.

## intermediate construction: finishing the hem

38

Fold under 35mm ( $1\frac{3}{8}$ " ) at the hem edge, using the notches as a guide, and press.

Try on the trousers and check the leg length is right for you. Make any adjustments needed to the leg length by pressing out the fold and turning up either more or less.

Overlock / finish the raw hem edge.



39

The hem seam allowance on the pattern is 35mm ( $1\frac{3}{8}$ " ) so remember to account for this if amending the length.

Topstitch through the hem at 30mm ( $1\frac{1}{4}$ " ).



# intermediate construction: finishing the hem

40

Your **calla trousers** are now finished!



the calla trousers

## Get Social!

We would love to see your **calla trousers**—use the hashtag **#FGCalla** on social media so we can admire your work!



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